14th Annual Institute for Health, Safety, Security and Risk Management

2023 Virtual | June 26
Philadelphia, PA | June 28-29

Rebuilding the Field for Resilience
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INSTITUTE INFORMATION & HIGHLIGHTS

Institute Registration & Nametags
Institute attendees should pick up nametags at the registration table outside of the 7th floor of Alter Hall. Registration hours are Wednesday, June 28, from 7:30 a.m. – 4:30 p.m. EDT and Thursday, June 29, from 8 a.m. – 4 p.m. EDT.

Evaluation
Thank you in advance for completing the post-Institute evaluation! Links to complete the online evaluations for the Institute and specific sessions will be available through the Institute app and sent via e-mail. Feedback is appreciated and will be used to help plan future Forum events.

TECH & SOCIAL MEDIA GUIDE

WiFi Access
Complimentary WiFi access is available to Institute attendees during the in-person event.

1. Connect to the TUguestwireless network.
2. Open the browser on your device. In the Guest Registration window:
   a) Type your name and cell phone number.
   b) Click the box next to I accept the terms of use.
   c) Click Register.
3. You will receive a text message with your assigned password.
4. Connect to the TUsecurewireless network.
5. Enter the username (your cell phone number) and password exactly as they appear in the text message received. Include any parentheses, periods, dashes or spaces you previously entered for your cell phone number.

Connect on Social Media & Join the Discussion
#ForumHSI23 @ForumEA

LinkedIn: www.linkedin.com/company/forum-on-education-abroad
Instagram: www.instagram.com/theforumea
Facebook: www.facebook.com/ForumOnEducationAbroad
Twitter: twitter.com/ForumEA
YouTube: www.youtube.com/user/TheForumonEA

Download the 2023 Institute App
All of the information for the 2023 Health & Safety Institute is located on our event app!

Downloading the app on your cell phone is easy: Visit https://app.socio.events/MjQ0NTY%3D to get started.
INSTITUTE SCHEDULE AT A GLANCE

This schedule is subject to change and will be updated as more details become available. All times listed below are Eastern Daylight Time (EDT).

## VIRTUAL
### MONDAY, JUNE 26, 2023
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>11 a.m. - 12 p.m.</td>
<td>Welcome Opening Remarks &amp; Plenary</td>
</tr>
<tr>
<td>12 - 12:15 p.m.</td>
<td>Break</td>
</tr>
<tr>
<td>12:15 - 1:15 p.m.</td>
<td>Concurrent Sessions</td>
</tr>
<tr>
<td>1:15 - 1:30 p.m.</td>
<td>Break</td>
</tr>
<tr>
<td>1:30 - 2:30 p.m.</td>
<td>Concurrent Sessions</td>
</tr>
<tr>
<td>2:30 - 2:45 p.m.</td>
<td>Break</td>
</tr>
<tr>
<td>2:45 - 3:05 p.m.</td>
<td>Quick Brief Sessions</td>
</tr>
<tr>
<td>3:10 - 3:30 p.m.</td>
<td>Quick Brief Sessions</td>
</tr>
<tr>
<td>3:30 - 3:45 p.m.</td>
<td>Break</td>
</tr>
<tr>
<td>3:45 - 4:45 p.m.</td>
<td>Concurrent Sessions</td>
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## PHILADELPHIA
### WEDNESDAY, JUNE 28, 2023
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 a.m. - 4:30 p.m.</td>
<td>Check In &amp; Registration Open</td>
</tr>
<tr>
<td>7:30 - 8:30 a.m.</td>
<td>Coffee Served</td>
</tr>
<tr>
<td>8:30 - 10:30 a.m.</td>
<td>Mental Health Workshop</td>
</tr>
<tr>
<td>10:30 - 10:45 a.m.</td>
<td>Break</td>
</tr>
<tr>
<td>10:45 a.m. - 12:30 p.m.</td>
<td>Mental Health Workshop</td>
</tr>
<tr>
<td>12:30 - 1:30 p.m.</td>
<td>Lunch for Workshop Attendees</td>
</tr>
<tr>
<td>1:30 - 1:50 p.m.</td>
<td>Welcome &amp; Opening Remarks</td>
</tr>
<tr>
<td>1:50 - 2:00 p.m.</td>
<td>Break</td>
</tr>
<tr>
<td>2:00 - 3:15 p.m.</td>
<td>Concurrent Sessions</td>
</tr>
<tr>
<td>3:15 - 3:30 p.m.</td>
<td>Coffee Break</td>
</tr>
<tr>
<td>3:30 - 4:30 p.m.</td>
<td>Opening Plenary</td>
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<tr>
<td>4:30 - 6:00 p.m.</td>
<td>Opening Reception Sponsored by Allegiant Global Partners &amp; Starr Insurance Companies</td>
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### THURSDAY, JUNE 29, 2023
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8 a.m. - 4 p.m.</td>
<td>Check In &amp; Registration Open</td>
</tr>
<tr>
<td>8 - 8:30 a.m.</td>
<td>Coffee Served</td>
</tr>
<tr>
<td>8:30 - 9:45 a.m.</td>
<td>Concurrent Sessions</td>
</tr>
<tr>
<td>9:45 - 10:15 a.m.</td>
<td>Break</td>
</tr>
<tr>
<td>10:15 - 11:30 a.m.</td>
<td>Concurrent Sessions</td>
</tr>
<tr>
<td>11:30 a.m. - 12:30 p.m.</td>
<td>Lunch</td>
</tr>
<tr>
<td>12:30 - 1:45 p.m.</td>
<td>Concurrent Sessions</td>
</tr>
<tr>
<td>1:50 - 2:10 p.m.</td>
<td>Quick Brief Sessions</td>
</tr>
<tr>
<td>2:15 - 3:30 p.m.</td>
<td>Concurrent Sessions</td>
</tr>
<tr>
<td>3:30 - 3:45 p.m.</td>
<td>Break</td>
</tr>
<tr>
<td>3:45 - 5 p.m.</td>
<td>Concurrent Sessions</td>
</tr>
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11 a.m. – 12 p.m. | Plenary

Presenter: Naz Besheshti, Author, CEO and Founder of Prananaz

12:15 – 1:15 p.m. | Concurrent Sessions

The Intelligence Toolbox: Streamlining the Travel Decision-Making Process

If you’ve ever suffered from analysis paralysis this session is for you! This session streamlines the travel decision-making process by offering tactics for gathering, structuring, and analyzing intelligence. Participants will not only leave with tips and takeaways for their intelligence toolboxes, but also with proven strategies for making more informed decisions around study abroad programs.

Presenters: Noah Hartnett, Jess Miller, JJ Cappa

The Self-Disclosure Health Form: Perspectives on the Strengths and Weaknesses of Recording Traveler Health History

To proactively mitigate health incidents abroad, many global education programs require travelers to complete a self-disclosure health form prior to departure. Presenters from diverse health and safety backgrounds will discuss the pros and cons of requiring a health form and different approaches to self-disclosure forms.

Presenters: Bailey Koch, Julie Friend, Rachel Reuter, Vanessa Sterling, Jason Hope

1:30 – 2:30 p.m. | Concurrent Session

Mental Health Matters

Participants will be introduced to and apply relevant concepts and tools by experts in student mental health abroad. Specialized mental health-informed programming before and across travel supports optimal learning and safety outcomes for individuals and institutions.

Presenters: Emily Rittenberg, Erin Blache

2:45 – 3:05 p.m. | Quick Brief Sessions

A Whole New (Post-COVID) world? The Importance of promoting a culture of Safety Abroad Best practices

Most countries around the world have opened their borders and lessoned COVID restrictions however the risk of COVID is here to stay and there are a lot more medical and security risks compared to before the pandemic. This session will look at a coordinated institutional approach to travel risk management can promote a culture of resilience and safety.

Presenters: Sara Campbell, Lisa Domanski

Student Engagement in Health and Safety Material

Join UC Education Abroad Program (UCEAP) staff Kate de Blanc and Caroline Kapp to discuss how the online predeparture UCEAP Health and Safety course has engaged students to prepare for managing their physical, mental, and emotional health abroad. The session will address technologies, best practices, collaborative teamwork, and how students and staff have benefitted since its launch in 2020.

Presenters: Kate de Blanc, Caroline Kapp
3:10 – 3:30 p.m. | Quick Brief Sessions

**Title IX Briefing**
*Presenter: Joe Storch*

**OSAC Regional Analyst South and Central Asia**
*Presenters: Sophia Kierstead, Asa Zuberman-Liebman*

3:45 – 4:45 p.m. | Concurrent Sessions

**Community Fair Trade-centered practices for resilient global health and safety partnerships**
We cover Fair-Trade Learning Principles, how these are operationalized in the context of multi-stakeholder global partnerships, optimizing health & safety outcomes for communities, partners, participants and all involved. Hear panelists’ perspectives on strengthening equitable, Fair-Trade partnerships during incident management. We conclude with group discussions applying these principles to case.
*Presenters: Wanda Dutton, Jessica Evert, Zachary Frieders, Susana Alvear*

**Innovation and customization in mental health support for today’s students abroad**
The University of California will present their approach to mental health services by working with partners Accent, mindhamok, and Lyra Health to deliver bespoke solutions to study abroad students. Beyond the traditional approach of finding a counselor locally, today’s students require proactive approaches with greater ease of access. We will present a unique buffet of timely, creative services.
*Presenters: Julie Pollard, Erin Nester, Keith Miller, Steve Cottle*
2 – 3:15 p.m. | Concurrent Sessions

**Tracking Incidents of Significant Risk to Students – Update on an Important Initiative**
Learn how you can join in on a new data collection and reporting initiative to generate large-scale data about significant incidents involving students on education abroad programs. The goal—improving our field’s transparency and the data available to inform stakeholders about potential risks of education abroad participation so that they can make more informed decisions and mitigate risks.
*Presenters: Amelia Dietrich, Marissa Lombardi, Bill Bull, Hannah Leidich, Stacey Tsantir, Eryn Kudzinski, Jennifer Fiullick*

**Under Resourced and Thriving – Building a Good Practice Based Health, Safety, and Security Program with Limited Resources**
Institutions face steep challenges in identifying the resources to implement a good-practice based health, safety and security program (HSS). Oftentimes the resources they need are present, but availability may not be clear. This session provides explicit, replicable examples of how one under-resourced institution developed a robust HSS program through the use of mostly preexisting resources.
*Presenters: Daniel Kampsen, Young-Min Park*

**Security and Risk Management in Non-Traditional Locations**
Risk management and security in non-traditional locations require foresight, research, understanding of local systems, and preparation. By examining case studies in non-traditional locations in Asia and Africa, this session outlines crucial elements of support both pre-departure and on the field. Participants will gain tools and best practices for delivering inclusive programs and managing risk.
*Presenters: Valerie Slate, Amy Brans*

3:30 – 4:30 p.m. | Opening Plenary
*Presenter: Jonesy (Scott Jones, they/their), CEO/Founder of NXTG Solutions Consulting*

4:30 – 6:00 p.m. | Opening Reception
Sponsored by Allegiant Global Partners & Starr Insurance Companies
8:30 – 9:45 a.m. | Concurrent Sessions

**To evacuate or not evacuate: An analysis of decision-making during Peruvian political unrest**

This session will use the political unrest in Peru to analyze the variables considered to determine whether to evacuate travelers and cancel future trips. Panelists include a faculty member in-country with 4 graduate students, an international travel risk manager communicating with those 5 travelers, and an international travel risk manager with undergraduate students on a consortium program.

*Presenters: Patrick Morgan, Mark Beirn, Bruce Mannheim*

**“I thought students would be more resilient after the pandemic but...”**

Post-pandemic, student resilience seems to be at an all-time low, while mental health concerns appear to be rising. This session will focus on what’s changed for students post-pandemic and how to adapt programmatic and faculty leader preparations to increase health and safety for all stakeholders on-site. Attendees will be able to consider tangible takeaways they could apply at their institutions.

*Presenters: Katie DeGuzman, Kelly Trail, Anna Hayes*

**Training faculty to help support student mental health and well-being**

It is now a field standard for US-based faculty leading programs abroad to receive training on supporting students with mental health challenges. What can we use from this to create training for in-country local faculty, both at provider sites and host institutions? Two organizations are currently approaching this work together and will share what they are learning and planning.

*Presenters: Vanessa Sterling, Stacey Tsantir*

10:15 – 11:30 a.m. | Concurrent Sessions

**Global Risk and Academics: Strong Partners, Stronger Students**

Academic achievement is a critical component to successful abroad programs. When health and safety concerns arise, the academic component may be forgotten when planning a response. This session explores how a collaborative relationship between Academic Affairs and Health & Safety promotes student learning and development while strengthening global risk management and emergency response.

*Presenters: Eryn Kudzinski, Stina Dufour, Mark Eckman*

**Supporting the first responders: best practices and considerations for supporting, sustaining, and decompressing faculty and staff post incident**

International incidents are intense situations that not only impact our students, but the faculty and staff that respond to the incident both abroad and on U.S. campuses. While the field has focused on supporting students during and post incident, there has been less focus on the responder positions. Presenters will discuss best practices and recommendations for sustaining responder positions.

*Presenters: Jacleen Mowery, Alyssa Fontana Berg, Todd Holmes, Kevin Dostal Dauer*
Jump-Start Your Education Abroad Pre-Departure Planning
Institutions are expanding education abroad, taking on less traditional programs and facing ongoing challenges in protecting students’ health, safety, and well-being. Preparation is crucial. Learn how one institution recognized the need to overhaul their pre-departure planning process to maximize student preparedness and resilience, and how to implement these ideas within your institution.

Presenters: Mark Fisher, Henning Snyman, Kristyn Palmiotto, Greta Kazenski

12:30 – 1:45 p.m. | Concurrent Sessions

Collaborative Integration: Co-Navigation of Health, Safety and Security Abroad
One approach for addressing the continually increasing complexity of supporting faculty-led academic programs away from home campuses is to utilize third party program providers for customized program support functions, including key elements of risk management and student support. However, such partnerships present multi-level challenges for both organizations.

Presenters: William Frederick, John Tansey, Vanessa Sterling

Mind Full or Mindful: Professional Development for the Head and the Heart
Our roles are demanding, requiring key emotional and intellectual balance. This interactive session explores how secular contemplative practices are drivers to balance, impactful leadership, life/work satisfaction. Together we will learn how connecting with self-awareness and intention offers resilience and balance, psychological safety, improved focus, stress reduction and passion for our work.

Presenters: Jane Bjerklie-Barry, Dey Barriga, Elizabeth Webber

Preparing for the Inevitable Impacts of Climate Change: Traveler and Host Health, Safety and Wellness
Higher education must evaluate the impacts of climate change on the communities with whom we engage abroad due to the increased risks to travelers as well as the strain that a constant stream of visitors can have on weak infrastructures and fragile ecosystems following an extreme weather event. Presenters will discuss engaging your institution on climate risk exposure and steps to mitigation.

Presenters: Julie Anne Friend, Laura Angelone, Colleen O’Hara

1:50 – 2:10 p.m. | Quick Brief Sessions

I Never Met You: The Importance of Connection for Personal and Professional Wellbeing
The COVID-19 pandemic made clear just how connected we all are, yet at the same time put very real barriers between us, whether it was travel restrictions, quarantines or simply the burden of becoming overnight public health experts - itself an unending task. Brief will situate two examples of the importance of connectedness in current trends in higher and global education to discuss how professionals can support each other through challenges and change, what leads people to stay in the field and what leads them to leave.

Presenters: Amy Kuether, Maureen Gordon
Pre-Departure Orientations: What works (and doesn’t) for today’s student and their support networks
Universities have approached pre-departure advising in a multitude of ways. This session will address best practices, what doesn’t seem to work, and what is innovative on the topic of pre-departure orientations for a variety of audiences. By engaging attendees in discussions and sharing, participants will leave with ideas and approaches.

Presenters: Julie Pollard, Chad Berry, Patrick Barker

Making the call, utilizing Free/Open Resources when assessing Student and Faculty/Staff Travel Risk
During the period when international travel was severely restricted or banned, new processes and tools needed to be developed to manage risk and make the case for resumption of student and faculty/staff international travel. This session discusses one institution’s transition from a traditional risk assessment model based on DOS/CDC travel advisories to one designed, utilizing multiple resources.

Presenters: Trace Coats, Stephen Appiah-Padi

2:15 – 3:30 p.m. | Concurrent Sessions

Pathways to Improved Communication Between Health/Safety and Academic Professionals
This presentation seeks to identify common areas of disconnection between risk management professionals and the academic enterprise, highlight the institutional barriers that prompt miscommunication, suggest possible solutions, and promote the advantages of managing global traveler risks as common enterprise.

Presenters: Morgan Inabinet, Seth Tucker, Maureen Handrahan, Patrick Barker

Realigning Health & Safety with Equity & Inclusion in Education Abroad
Bringing current work on identity & inclusion into conversation with global risk management, this session interrogates persistent challenges to supporting the health & safety of diverse communities and strategies for more inclusive programing & policies, working effectively with staff/faculty partners, and aligning risk/global operations with healthcare/security vendors and Ed Abroad objectives.

Presenters: Mark Beirn, Mala Ghosh, Maria Segala

Approaches to Mental Wellness Abroad for Diverse Students
As education abroad actively encourages diverse participants, it also needs to diversify its approach to supporting student mental wellness. This session will share research on the assets that diverse students bring to their experiences and through case studies will provide strategies for education abroad professionals to incorporate into their support to maximize student wellbeing and success.

Presenters: Lotte Buiting, Marcia Henisz
3:45 – 5 p.m. | Concurrent Sessions

Equipping Faculty Leaders to be Resilient Risk Managers: Identifying Roles and Resources
This topical session focuses on ways to ensure faculty leaders’ readiness and adaptability for managing unexpected situations abroad and to help equip them with effective tools for crisis intervention. Presenters outline protocols, policies, and examples for best practices to help faculty leaders’ better prepare in reducing risk and fostering resilience for faculty leaders.

*Presenters: Monija Amani, Edna Wilson*

Speaking the language of risk: a primer for non-risk managers
Study abroad professionals touting international experiences must make their case to key University stakeholders but can encounter resistance if unable to communicate in terms of risks and rewards or explain how global risks are unique. This session will provide a primer on the traditional lingua franca of risk management to enhance collaboration and pave the way for successful interactions.

*Presenters: Julie Pollard, Jess Miller*

Pulse: Pulling Back the Curtain and Looking to the Future
International safety and security is no longer a job responsibility, it is a profession. What was once a handful of professionals casually connecting over drinks has now formalized as Pulse – International Safety & Security Professionals in Higher Education, Inc. This session expands on the mission of Pulse, guiding principles, creating a Pulse-eligible position, and how non-members can engage.

*Presenters: Jaime Molyneux, Shaun Jamieson, Morgan Inabinet*
THANK YOU TO OUR VOLUNTEERS & SPONSORS

INSTITUTE COMMITTEE

Maureen Gordon, Co-Chair
Director, Education Abroad & Overseas Campuses | Temple University

Christine Sprovieri, Co-Chair
Senior Director, Global Travel Operations, Risk and Resilience | Brown University

Ashley Krutz
Director, International Travel, Safety, and Risk | Florida State University

Annika Turner
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Seth Tucker
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Jason Kinnear
Associate Dean of Study Abroad | UNC - Chapel Hill

Jacleen Mowery
Director, International Risk Management | Temple University

Julie Pollard
Director of International Health, Safety, and Crisis Management | University of California Systemwide (UCEAP)

Patrick Morgan
Chief International Safety Officer | University of Michigan

Marissa Lombardi, Ed.D.
Executive Director of Training, Programs and Services | The Forum on Education Abroad

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