Proactive Programming for Mental Health Risk Mitigation
Planning for student mental health can feel daunting to program leaders and providers for a number of legitimate reasons, including lack of expertise and high stakes contexts. In this session, you will learn the different layers and levels of program infrastructure to facilitate mental health and resilience of both participants and staff. Licensed mental health therapists will provide evidence-based guidelines to facilitate safety, learning, resilience, and growth.

SPEAKERS: Emily Rittenberg, Erin Blache

Common Destinations, Hidden Problems: Solving 'Hidden' Study Abroad Issues
You already know the most common study abroad locations, but are you aware -- and prepared -- for the ‘hidden’ issues that frequently occur in these locales? If you aren’t aware, you can’t prepare! In this data-driven session, we’ll reveal surprising emergency assistance case trends & real-life stories that will help you prepare for & navigate some of the most unexpected challenges in the most expected places. Get ready to not only learn something new, but to build your risk management toolkit!

SPEAKERS: Kristin Toth, Noah Hartnett, Maureen Handrahan

The SCRAPPY Method for International Travel: A Pre-Departure Orientation
Mnemonics are strategies used to improve memory. They are often taught in school to help students learn and recall information, and in an era where technology continues to vie for students’ attention, every tool must be utilized when preparing students for international travel.

This session will provide background and customizable resources on the “SCRAPPY” Method for International Travel, a mnemonic tool designed to holistically prepare students during pre-departure orientation.

SPEAKERS: Asinda Sirignano, Veronica Tabor
I’m New Here. What Should I Know About Health, Safety & Risk Management?
Are you relatively new to the field of study abroad, and don’t feel comfortable or fully equipped to manage the health and safety of your travelers? Then this session is for you!
We will cover the basics of risk management for health and safety of travel and study abroad. Topics will include best practices, duty of care, risk tolerance, emergency response, and other key points. We will offer next steps to continue to develop your experience and skills in the international risk management field.

SPEAKERS: Kelly Brannan Trail, Parker Pflaum

Using Scenario-Based Learning & Storytelling for Pre-Departure Preparation
Interactive scenario-based learning engages Gen Z students and provides effective health and safety training using less time and fewer staff resources. We’ll provide a case study of collaboration across the U.S. to design a new pre-departure method of conveying complex information more efficiently through gamification and interactive storytelling. We show how our students engaged, retained and better applied their pre-departure training, and discuss our preliminary institutional findings.

SPEAKERS: Kathleen Burt; Martin Rosales; Dr. Patricia Sagasti Suppes; Sandra Halbruner, DNP

Lessons from a Faculty Leader: Building a Resilient Program
In this discussion with a veteran faculty leader and health & safety administrator, we will discuss approaches to building a strong student cohort, managing students on site, and adapting to changing needs amongst the cohort. This discussion will also touch on how faculty and administrators can work together to build strong and successful programs while balancing program goals and administrative policies.

SPEAKERS: Alyssa Fontana Berg, Michelle Carr